

Please note you must be registered before booking online – this can be done with our reception team.

#### **Pay-as-you-go Charges**

Adult Swim **£6.50**

Under 20's **£3**

Under 4's **FREE**

#### **Fun Hour**

Adults/Under 20's **£4.50**

Under 4's **FREE**

#### **Memberships**

Swimming is included in Swim single/Couple and Diamond Plus memberships, please enquire at reception for more details.

#### **Public Swimming**

Suitable for all ages

#### **Open Swim**

#### **Fun hour**

A session with diving boards and no lane ropes, across both pools

A session with mats across both pools

#### **Available for hire**

Please enquire at reception to learn more

#### **Baby and Toddler Classes**

**Parent and baby** – This session is suitable for children up to the age of 2, accompanied by an adult, the session includes games, songs and lots of fun.

**Tweenie Swim** – For children aged 2-3 years, a fun introduction to swimming, accompanied by an adult, involving structured games and activities.

**Swimming tots** – For children aged 3-4 years, preparation for swimming lessons, accompanied by an adult, children will learn with singing, games and structured play.

# **LEARNER POOL SWIM TIMETABLE**

## **FEBRUARY HALF TERM**

**16<sup>TH</sup> - 22<sup>ND</sup> FEBRUARY 2026**



Booking numbers are limited, therefore all bookings must be made in advance either;

**By phone 01983 752168 or  
Online at [www.westwight.org.uk](http://www.westwight.org.uk)**

Cancellations made less than 24 hours prior to the booking will be charged.

Children under 8 must be accompanied by an adult at all times.  
Adults are not permitted to supervise more than 3 children under age 8.

**West Wight**  
Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168  
[www.westwight.org.uk](http://www.westwight.org.uk)  
E-mail: [info@westwight.org.uk](mailto:info@westwight.org.uk)

Reg. Charity No. 273334 

	7.00	7.15	7.30	7.45	8.00	8.15	8.30	8.45	9.00	9.15	9.30	9.45	10.00	10.15	10.30	10.45	11.00	11.15	11.30	11.45	12.00	12.15	12.30	12.45	13.00	13.15	13.30	13.45	14.00	14.15	14.30	14.45	15.00	15.15	15.30	15.45	16.00	16.15	16.30	16.45	17.00	17.15	17.30	17.45	18.00	18.15	18.30	18.45	19.00	19.15	19.30	19.45
Monday	Public Swimming 7.00 – 9.00				Children's Intensive Lessons				Fun Hour 11.00 – 12.00				Public Swimming 12.00-14.00				Open Swim 14.00 – 15.00				Public Swimming 15.00 – 20.00																															
Tuesday	C L O S E D				Children's Intensive Lessons				Fun Hour 11.00 – 12.00				Public Swimming 12.00 – 14.00				Open Swim 14.00 – 15.00				Public Swimming 15.00 – 20.00																															
Wednesday	Public Swimming 7.00 – 9.00				Children's Intensive Lessons				Fun Hour 11.00 – 12.00				Hydrotherapy 12.00-14.00				Open Swim 14.00 – 15.00				Public Swimming 15.00 – 20.00																															
Thursday	C L O S E D				Children's Intensive Lessons				Fun Hour 11.00 – 12.00				Hydrotherapy 12.00 – 13.00				Public Swimming 13.00-14.00				Open Swim 14.00 – 15.00				Public Swimming 15.00 – 20.00																											
Friday	Public Swimming 7.00 – 9.00				Children's Intensive Lessons				Children's Activities				Fun Hour 11.00-12.00				Public Swimming 12.00 – 13.00				Phoenix Project 13.00-14.00				Open Swim 14.00 – 15.00				Public Swimming 15.00 – 20.00																							
Saturday	Public Swimming 7.00 – 10.00				Fun Hour 10.00 – 11.00				Public Swimming 11.00-14.00				Open Swim 14.00 – 15.00				Available for hire 15.00 – 17.00																																			
Sunday	Public Swimming 8.00 – 10.00				Fun Hour 10.00 – 11.00				Public Swimming 11.00-14.00				Open Swim 14.00 – 15.00				Available for hire 15.00 – 17.00																																			