

# COMMUNITY CONNECTOR WEST WIGHT



## Looking to Make Life Better? I'm Here to Help!

Feeling lonely, anxious, or isolated and unsure how to take the first step towards change?

Want to know what's happening in your local community and how to get involved?

Have an idea for a group or project to bring people together and need support to make it happen? Your Community Connector is here for you!

Support is:

- ✓ Free
- ✓ Open to all ages
- ✓ Flexible—no time limits

Take the first step today. Let's work together to make life better and your community stronger.

Get in touch now!

## Your Community Connector is:

### Adam Tucker

Freshwater, Yarmouth, Totland and Shalfleet

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