Anyone who needs assistance with funding their child's activities please email **ian.mcandrew@westwight.org.uk** or go to our website to find out how to apply, as there is financial support available.

All activities must be booked in advance including fun hours and swimming.

All under 8's must be accompanied by an adult on the premises during all activities.

Swimming pool – book online – to book online you need to register with us on 752168 and we will give you a PIN.

Booking terms and conditions

ACTIVITIES

- Payment must be made in full at time of booking
- Users and members are asked to notify us as soon as possible if attendance at a booked activity is not possible
- Bookings can be cancelled at any time. No refund will be given for cancellations less than 24 hours before a booked activity
- We reserve the right to refuse further bookings from anyone who repeatedly does not honour their booking or the terms and conditions
- Bookings can be made 9 days ahead for Fun Hour and Open Swim. Other activities are available to book sooner
- Children under 8 must be accompanied by an adult on the premises during all activities
- Minimum age for swimming lessons is 4 years
- ONLINE BOOKINGS CHILDREN'S ACTIVITIES
- Only Fun Hour and Open Swim can be booked online
- Users/members must be registered, with a valid email address and issued with a unique PIN in order to be able to access the online booking portal. Please telephone and ask for your PIN and details

- We reserve the right to suspend an online booking account at any time
- Bookings can be made online up to 2 hours before the time of the booking. After that time bookings should be made over the phone
- Bookings can be cancelled online no later than 24 hours before the booking. After that time bookings must be cancelled over the phone
- Payments cannot be refunded online. Please call us to process your refund

SWIMMING COURSES

- In the event of a cancellation of a swimming course by a customer, full fee will be retained unless the place can be re-sold, in which case a refund of 80% of the fees or pro-rata if the course has commenced
- In the event of cancellation by us 100% refund will be issued or pro rata if the course has commenced

We accept the following payment cards:



2-14 April, 2024

Pre-Sailing Skills Rookie Lifesaving Swimming Lessons Open Swim Sessions Snorkelling * Raft Racing Fun Hours * Kayaking Diving * Mermaids Youth Football * Tag Rugby Climbing * Soft Archery Youth Pickleball * Dance

West Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168 www.westwight.org.uk E-mail: info@westwight.org.uk

Reg. Charity No. 273334 🔘 🕨 🍞 🛟

SWIMMING LESSONS 4-DAY WEEK £30.88 Tuesday 2-Friday 5, April SWIMMING LESSONS 5-DAY WEEK £38.10 Monday 8-Friday 12, April Learner Pool

0900-0930 – Stage 1 – Non Swimmer – Happy to go in the water in armbands. **0930-1000 – Stage 2 – Ready to swim** without armbands.

1000-1030 – Stage 3 – 5-10m – Water confident, can swim 5-10m on front and back. Main Pool

0900-0930 – 10m+ Can swim 10m on front and back and happy to put face in water. **0900-0930 – 25m**+ Can swim 25m on front and back using a recognisable stroke. **0930-1000 – 50m**+ Can swim 50m using good front crawl, back crawl and breaststroke. **0930-1000 – 100m**+ Can swim 100m using good front crawl, back crawl and breaststroke.

MONDAY

Kayaking – 1000-1100 – 8-10 years – ± 8.40 – An introduction to kayaking through fun and games. Must be able to swim at least 25m. (Monday 8 April only). **Youth Football** – 1800-1900 – 13-15 years – ± 4.00 – Opportunity to play football under the guidance of an FA coach. (Monday 8 April only).

TUESDAY

Snorkelling – 1000-1100 – £5.80 – Must be able to swim at least 25m and be happy under the water. **Climbing** – 1200-1300 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed. **Climbing** – 1300-1400 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed.

WEDNESDAY

Raft Racing – 1000-1100 – 6 years + – £5.80 – Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50m. **Climbing** – 1200-1300 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed. **Climbing** – 1300-1400 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed.

THURSDAY

Diving – 1000-1100 – £8.40 – Must be able to swim at least 25m, be happy underwater and be able to perform a headfirst entry into the pool. **Climbing** – 1200-1300 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed. **Climbing** – 1300-1400 – 7-12 years – £15.75 – A fun session suitable for all abilities. Waiver form will need to be completed.

FRIDAY

Dance – 1015-1115 – 5 years+ – £5.80 – Jazz/street dance style, learning both technical aspects as well as dance routines to popular songs. (Friday 5 April only).

Soft Archery – 1000-1100 – 7-11 years – £5.80 – An introduction to archery through games, using soft arrows. (Friday 12 April only).

Tag Rugby – 1000-1100 – 7-15 years – £5.80 – Introduction to rugby through a fun, onon-contact version of the game. (Friday 5 April only).

Youth Pickleball – 1100-1200 – 10-15 years – £5.80 – Try this growing paddle sport that combines elements of badminton, tennis and table tennis. (Friday 5 April only).

Mermaids Main Pool – 1000-1030 – £5.80 – Must be able to swim 50m+ and happy under the water.

Mermaids Small Pool – 1030-1100 – £5.80 – Must be able to swim 25m+ and happy under the water.

Rookie Lifesaving – 1000-1100 – 8-12 years – £8.40 – Must be able to swim at least 50m and tread water. Teaches self-rescue and casualty rescue techniques. Bring an old t-shirt to wear in the water over normal swimwear.

SATURDAY

Pre-Sailing Skills – 1200-1400 – 7-12 years – £30 – Introduction to sailing skills in a safe and warm environment. Sessions includes dry sailing skills/games and pool work. Must be able to swim 25m. Saturday 30 March or Saturday 6 April.

FUN HOURS

Fun and floats in our pool. Under 8's MUST always be accompanied in the water. £4.20. Mondays-Fridays – 1100-1200 (excluding Good Friday, March 29 and Easter Monday April 1). Saturdays and Sundays – 1000-1100 (excl. Saturday, March 30 and Easter Sunday, March 31).

OPEN SWIM SESSIONS

2-14 April, 2024

No lanes, diving boards in use – great for a family swim session. Adults £5.80, Children/under 20s £3. Tuesday 2-Sunday 14 April – 1400-1500.