

Memberships

Swimming is included in Swim Single/Couple and Diamond Plus memberships, please enquire at reception for more information

Pay-As-You-Go Charges

Adult Swim £5.50

Under 20's £3

Under 4's FREE

Fun Hour

Adults £4

Under 20's £4

Under 4's FREE

Public Swimming

Suitable for all ages and abilities, set up in a lane swimming format with a gentle, steady and speedy lane.

Open Swim

A session with diving boards and no lane ropes, main pool and small pool available

Fun Hour

A fun session with mats, main pool and small pool available

Special Care

Please see our website for more details

Adult Swim Lessons

Our swimming lessons for adults teach this vital life skill to people of varying abilities.

Beginners - non-swimmers or those that are nervous.

Improvers—comfortable in the water and able to swim 10m unaided.

Bookings

Please book and pay for swimming in advance online or by calling the centre on 01983 752168. Cancellations made less than 24 hours prior to the booking will still be charged.

Online bookings can be made once you are registered on our system, please speak to our reception team to do this.



SWIMMING POOL OPENING TIMES

1st - 16th April 2023

Bank Holiday Opening Times

Monday 10th April - Public Swim 10:00 - 15:00 (both pools)
and 15:00 - 16:00 Open Swim (both pools).

Friday 7th April - 09:00 - 10:00 Public Swim (both pools)
and 13:00 - 15:00 for Open Swim. 15:00 - 17:00 Public Swim
(Small Pool only).

West Wight
Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
E-mail: info@westwight.org.uk

Reg. Charity No. 273334    

1st - 16th April 2023

	× MONDAY ×		TUESDAY		WEDNESDAY		THURSDAY		× FRIDAY ×		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
07:00														
08:00														
09:00														
10:00											Unavailable on 1st April		*	*
11:00											Unavailable on 1st April		*	*
12:00													*	*
13:00													*	*
14:00													*	*
15:00														
16:00														
17:00														
18:00														
19:00														
20:00														
21:00														

PUBLIC SWIM
 UNAVAILABLE
 OPEN SWIM
 SPECIAL CARE
 FUN HOUR

ADULT SWIM LESSONS
 * UNAVAILABLE ON 9TH
 ×

Please note; on Monday 10th April, both pools are available 10:00 - 15:00 for Public Swim and 15:00 - 16:00 for Open Swim

× Please note; on Friday 7th April, both pools are available 09:00 - 10:00 for Public Swim and 13:00 - 15:00 for Open Swim. The learner pool is also available 15:00 - 17:00 for Public Swim.