

## Memberships

Swimming is included in Swim Single/Couple and Diamond Plus memberships, please enquire at reception for more information

## Pay-As-You-Go Charges

Adult Swim £5.50

Under 20's £3

Under 4's FREE

## Fun Hour

Adults £4

Under 20's £4

Under 4's FREE

## Public Swimming

Suitable for all ages and abilities, set up in a lane swimming format with a gentle, steady and speedy lane.

## Open Swim

A session with diving boards and no lane ropes, main pool and small pool available

## Fun Hour

A fun session with mats, main pool and small pool available

## Special Care

Please see our website for more details

## Adult Swim Lessons

Please see our Adult Fitness Class Leaflet for more details

## Adult Swim Fitness

A designated session for adults under the guidance of a qualified coach. Must be comfortable swimming 100m.

## Parent and Baby

This session is suitable for pre-school children accompanied by an adult, the session includes games, songs, structured activities and lots of fun

## Swimming Tots

An introduction to swimming, with an adult in the pool, children will learn using singing, games and structured play. Open to ages 3 years to school age



# SWIMMING POOL OPENING TIMES

24<sup>th</sup> - 31<sup>st</sup> October  
2022

## Bookings

Please book and pay for swimming in advance online or by calling the centre on 01983 752168. Cancellations made less than 24 hours prior to the booking will still be charged.

Online bookings can be made once you are registered on our system, please speak to our reception team to do this.

**West Wight**  
Sports & Community Centre

Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168  
www.westwight.org.uk  
E-mail: info@westwight.org.uk

Reg. Charity No. 273334    

# 24<sup>th</sup> - 31<sup>st</sup> October 2022

	MONDAY 24th		TUESDAY 25th		WEDNESDAY 26th		THURSDAY 27th		FRIDAY 28th		SATURDAY 29th		SUNDAY 30th		MONDAY 31st	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
07:00	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim
08:00	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Unavailable	Public Swim	Public Swim
09:00	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Public Swim	Public Swim	Public Swim	Public Swim	Adult Swim Lessons	Public Swim
10:00	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Public Swim	Unavailable
11:00	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Fun Hour	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim
12:00	Unavailable	Public Swim	Public Swim	Public Swim	Special Care	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim
13:00	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Unavailable
14:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Unavailable	Unavailable
15:00	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Unavailable	Public Swim	Unavailable	Unavailable	Unavailable	Unavailable	Half Pool	Public Swim
16:00	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim	Unavailable	Unavailable	Unavailable	Unavailable	Half Pool	Public Swim
17:00	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim	Unavailable	Unavailable	Unavailable	Unavailable	Half Pool	Public Swim
18:00	Public Swim	Public Swim	Unavailable	Adult Swim Fitness	Public Swim	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim	Unavailable	Unavailable	Unavailable	Unavailable	Half Pool	Public Swim
19:00	Adult Swim Lessons	Public Swim	Unavailable	Public Swim	Unavailable	Public Swim	Public Swim	Public Swim	Unavailable	Public Swim	Unavailable	Unavailable	Unavailable	Unavailable	Adult Swim Lessons	Public Swim
20:00	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable	Unavailable
21:00	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL

	PUBLIC SWIM		UNAVAILABLE		OPEN SWIM		SPECIAL CARE
	PARENT AND BABY		ADULT SWIM FITNESS		FUN HOUR		ADULT SWIM LESSONS