# **Memberships**

Swimming is included in Swim Single/Couple and Diamond Plus memberships, please enquire at reception for more information

Pay-As-You-Go Charges **Fun Hour** 

Adult Swim £5.50 Adults £4

Under 20's £4 Under 20's £3

Under 4's FREE Under 4's FREE

## **Public Swimming**

Suitable for all ages and abilities, set up in a lane swimming format with a gentle, steady and speedy lane.

#### Open Swim

A session with diving boards and no lane ropes, main pool and small pool available

#### Fun Hour

A fun session with mats, main pool and small pool available

# **Special Care**

Please see our website for more details

#### **Adult Swim Lessons**

Please see our Adult Fitness Class Leaflet for more details

#### **Adult Swim Fitness**

A designated session for adults under the guidance of a qualified coach. Must be comfortable swimming 100m.

# Parent and Baby

This session is suitable for pre-school children accompanied by an adult, the session includes games, songs, structured activities and lots of fun

# **Swimming Tots**

An introduction to swimming, with an adult in the pool, children will learn using singing, games and structured play. Open to ages 3 years to school age



# **SWIMMING POOL OPENING TIMES**

5<sup>th</sup> - 30<sup>th</sup> September 2022



Please Note: On Sunday 11th September the centre will be open 08:00 - 11:00 only, this is due to the Tour of Britain

### **Bookings**

Please book and pay for swimming in advance online or by calling the centre on 01983 752168. Cancellations made less than 24 hours prior to the booking will still be charged.

Online bookings can be made once you are registered on our system, please speak to our reception team to do this.



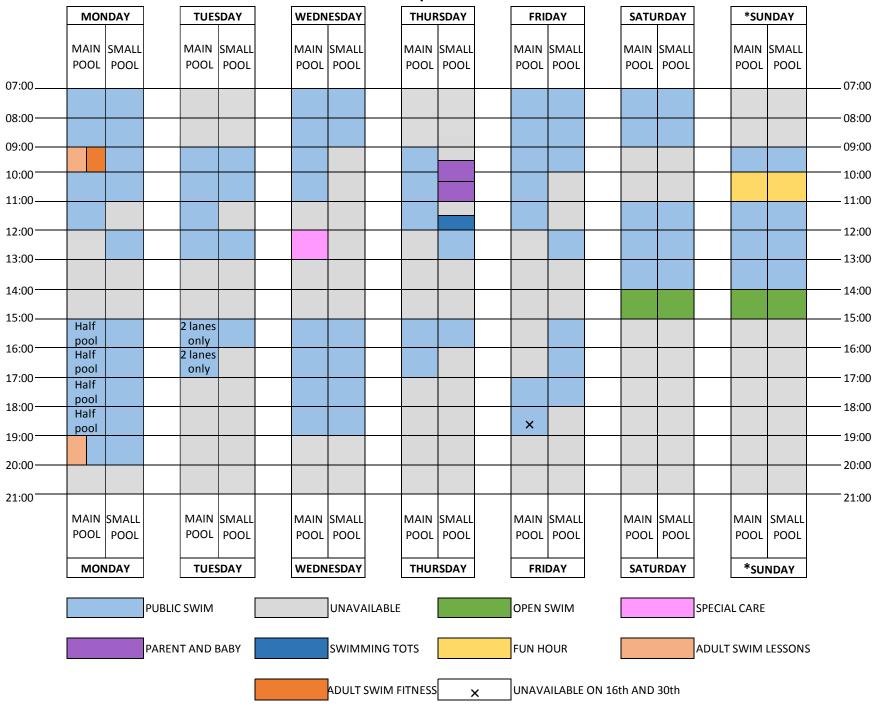
Tel: (01983) 752168 www.westwight.org.uk E-mail: info@westwight.org.uk







# 5<sup>th</sup> - 30<sup>th</sup> September 2022



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