

Memberships

Swimming is included in Swim Single/Couple and Diamond Plus memberships, please enquire at reception for more information

Pay-As-You-Go Charges

Adult Swim £5.50

Under 20's £3

Under 4's FREE

Fun Hour

Adults £4

Under 20's £4

Under 4's FREE

Public Swimming

Suitable for all ages and abilities, set up in a lane swimming format with a gentle, steady and speedy lane.

Open Swim

A session with diving boards and no lane ropes, main pool and small pool available

Fun Hour

A fun session with mats, main pool and small pool available

Special Care

Please see our website for more details

Adult Swim Lessons

Please see our Adult Fitness Class Leaflet for more details

Adult Swim Fitness

A designated session for adults under the guidance of a qualified coach. Must be comfortable swimming 100m.

Parent and Baby

This session is suitable for pre-school children accompanied by an adult, the session includes games, songs, structured activities and lots of fun

Swimming Tots

An introduction to swimming, with an adult in the pool, children will learn using singing, games and structured play. Open to ages 3 years to school age



SWIMMING POOL OPENING TIMES

August 2022

Monday 29th August Opening Hours

10:00 - 16:00 Public Swimming (Main Pool and Small Pool Available)

Bookings

Please book and pay for swimming in advance online or by calling the centre on 01983 752168. Cancellations made less than 24 hours prior to the booking will still be charged.

Online bookings can be made once you are registered on our system, please speak to our reception team to do this.

West Wight
Sports & Community Centre





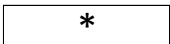
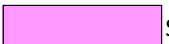


Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168
www.westwight.org.uk
E-mail: info@westwight.org.uk

Reg. Charity No. 273334    

August 2022

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
07:00														
08:00														
09:00														
10:00														
11:00														
12:00														
13:00														
14:00														
15:00														
16:00														
17:00														
18:00														
19:00														
20:00														
21:00														
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	

	PUBLIC SWIM		UNAVAILABLE		OPEN SWIM		ADULT SWIM FITNESS
	UNAVAILABLE ON 12TH, 19TH AND 26TH		SPECIAL CARE		FUN HOUR		ADULT SWIM LESSONS

Monday 29th August Opening Hours
 10:00 - 16:00 Public Swimming (Main Pool and Small Pool Available)