

### Memberships

Swimming is included in Swim Single/Couple and Diamond Plus memberships, please enquire at reception for more information

### Pay-As-You-Go Charges

Adult Swim £5

Under 20's £2.65

Under 4's FREE

### Fun Hour

Adults £3

Under 20's £3

Under 4's FREE

**Parent and Baby** - This session is suitable for pre-school children accompanied by an adult, the session includes games, songs, structured activities and lots of fun

**Swimming Tots** - An introduction to swimming, with an adult in the pool, children will learn using singing, games and structured play. Open to ages 3 years to school age

**Public Swimming** - Suitable for all ages and abilities, set up in a lane swimming format with a gentle, steady and speedy lane.

**Special Care** - Please see our website for more details

**Open Swim** - A session with diving boards and no lane ropes, main pool and small pool available

**Fun Hour** - A fun session with mats, main pool and small pool available

**Adult Swim lessons** - Please see our Adult Fitness Class Leaflet for more details

**Adult Swim Fitness** - A designated session for adults under the guidance of a qualified coach. Must be comfortable swimming 100m.

# SWIMMING POOL OPENING TIMES

## May 2022



### Monday 2<sup>nd</sup> May Opening Hours

10:00 - 16:00

Please book and pay for swimming in advance online or by calling the centre on 01983 752168. Cancellations made less than 24 hours prior to the booking will still be charged.

**West Wight**  
Sports & Community Centre












Freshwater, Isle of Wight, PO40 9XH

Tel: (01983) 752168  
www.westwight.org.uk  
E-mail: info@westwight.org.uk

Reg. Charity No. 273334    

# May 2022

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
07:00														
08:00														
09:00														
10:00														
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20:00														
21:00														

	PUBLIC SWIM		UNAVAILABLE		OPEN SWIM		SPECIAL CARE
	PARENT AND BABY		SWIMMING TOTS		FUN HOUR		ADULT SWIM LESSONS
	ADULT SWIM FITNESS		UNAVAILABLE ON 6TH, 13TH AND 20TH		UNAVAILABLE ON 13TH AND 27TH		