

## ! IMPORTANT RE-OPENING INFORMATION !

Information relating to re-opening of West Wight Sports & Community Centre after Coronavirus lock down. This information will be reviewed and updated regularly. Please refer to most current sheet.

Date of this version: 31st July 2020

### GENERAL

- All activities must be booked – this includes swimming and gym
- Book online. You will need your PIN. Please ring us for this
- For those unable to book online, ring us
- Avoid making bookings at the Centre – do it from home
- Bookings can only be made 8 days in advance
- If you arrive early please wait in your car or well away from the entrance
- At your booked time check in at reception
- Sanitise your hands on entry and exit and during your time in the building
- Maintain social distancing at all times
- Bring your own water. Water coolers are available for refills. Please ensure you sanitise your container before making contact with the dispensers and wipe down the dispenser after use
- No spectators will be allowed anywhere in the building

### SWIMMING

- The main pool is lane swimming only, except for during Fun Hour. If you cannot swim lengths please book the small pool
- Please come 'swim ready' with your costume under your clothes. If possible wear something so that you can leave in the same manner ie: a dry robe. This reduces time spent in changing rooms and minimises contact points
- Swimming is booked in one hour slots. The hour starts from entering to leaving the building. You need to factor changing time into your hour
- Proceed to the Swim Changing rooms via the Sports Changing rooms
- Undress and leave your clothes on the bench where you undress
- There will be no lockers in the changing rooms. Some lockers are on poolside for valuables only
- Shower with soap and use the toilet BEFORE you swim. This ensures that pollution levels in the pool are kept to a minimum and the free chlorine in the pool water is available for disinfecting the Covid-19 virus
- There will be three lanes in the main pool. Select your lane based on your swim speed
- Swim clockwise or anti-clockwise as directed by signs
- On leaving the pool, please go home for your shower
- Dress and leave via the usual swim changing room exit

## SWIMMING POOL OPENING TIMES

2<sup>nd</sup> December- 20<sup>th</sup> December 2020



### Pay-as-you-go Charges

Adult Swim £5

Child Swim £2.65

Under 4's FREE

**West Wight**  
Sports & Community Centre

Tel: (01983) 752168  
www.westwight.org.uk  
E-mail: info@westwight.org.uk

Reg. Charity No. 273334    

Freshwater, Isle of Wight, PO40 9XH

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Freshwater, Isle of Wight, PO40 9XH

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
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	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	



FUN HOUR



PUBLIC SWIM



UNAVAILABLE



OPEN SWIM