



Chessell Chase Series 2020 Race Rules and Event Information

The Chessell Chase Series is new for 2020. The event is organised by West Wight Sports & Community Centre, hosted by Chessell Pottery Cafe, and sponsored by Adrian's Bike Shop.

All our events help fund the charity that runs our Centre. We have become a vital hub for the community, supporting people's physical and mental health and well-being, and we rely on fundraising, donations and events to allow us to carry out the work we do.

Please read the following information carefully - by agreeing to take part in this race you declare that you understand the rules and information set out below:

Entries

1. The cost of entering solo is £10 and £15 for a team. All entries must be made via our online events system, found on our website <https://westwight.org.uk/events/chessell-chase/>
2. Entries will close at 1500 the day before the race.
3. On the day entries will be accepted (subject to availability) at a cost of £15.00 solo and £20.00 team
4. The minimum age for entries is 16 years (on the day of the race)

Registration

1. Registration will open at 0900 for the Saturday 1000am races and 1730 for the 1900 Friday night races.
2. A pre-race briefing will take place 15 minutes before the race start time.
3. A bike transition area will be available at Chessell Pottery, please note that bikes are left at your own risk.
4. The race will start from Chessell Pottery at 1000 for the Saturday races and 1900 for the Friday races



Race Information

1. The events will take place on:
 - Saturday 14 March – March Madness
 - Saturday 2 May – May Mettle
 - Friday 26 June – Midsummer Scorcher
 - Friday 21 August – Summer Stamina
2. Chessell Pottery Cafe will be open, providing live entertainment, food and drink during and after the event.
3. Chessell Pottery will provide a safe area for competitors to leave their personal belongings.
4. A bike transition area will be provided in the outside area of Chessell Pottery for competitors to store their bikes. Please be aware that bikes will be left at your own risk.
5. First Aid will be available on the day of the race
6. Car Parking will be available at Chessell Pottery
7. The race will involve a run route (2.7miles) from and back to Chessell Pottery, followed by a cycle (4 miles) finishing at Chessell Pottery.
8. The race route start and finish will be clearly marked with signs. The route will be marked and signposted and marshalled at the start and finish.
9. Adrian from Adrian's Bike Shop will be on hand for any last minute bike emergencies
10. Race Numbers will be issued at registration.

Race Rules

1. This is intended to be a fun race for competitors. Prizes will be awarded to 1st, 2nd, 3rd Man and Woman and 1st Team.
2. This is an off-road race so mountain and cross bikes allowed - no electric or road bikes will be permitted.
3. Other than the route detailed below - please avoid the roads where possible and stick to the footpaths and bridleways



4. All entries must be aged 16 or over on the day of the race
5. The route will be signposted for safety reasons, but we do advise that you familiarise yourself with the route map before taking part.
6. Cyclists must wear an approved cycle helmet at all times during the race. Pre-race checks will be carried out.
7. Solo competitors – you must make sure your race numbers are visible on your front **and** back with safety pins in all four corners.
8. Team competitors – runners must make sure your race number is visible on your front with safety pins in all four corners and cyclists must make sure your race number is visible on your back with safety pins in all four corners.
9. All competitors must register on the day before taking part in the race.
10. All runners must wear a head torch and all cyclists must have front and back lights on their bike– once again, pre-race checks will be made.

Race Routes

A visual map showing the routes can be found on our website: <https://www.eventrac.co.uk/listed-races/chessell-chase>

Run Route

1. Leave CPC turning right towards B3399.
2. Turn left at junction onto B3399, travel up the road approximately 200m.
3. Turn left up the track opposite the Water Works.
4. Enter woods and take the LEFT fork.
5. Travel uphill on this track for approx. 1km.
6. Take the right fork uphill 400m.
7. At the big junction take the track opposite (smaller one) uphill towards gate.
8. Through the gate and turn right uphill.
9. Stay on Tennyson Trail over the top past barrows and then descend steep hill.
10. Before the gate to field turn right back into woods through the metal gate.
11. After 50m take the immediate left fork downhill.
12. Descend to junction and retrace your steps back to CPC.
13. Enter CPC through rear car park off B3399.
14. Go to transition.

Cycle Route

- A. Leave CPC turning right towards B3399.
- B. Turn left at junction onto B3399, travel up the road approximately 200m.
- C. Turn left onto the track opposite the Water Works.
- D. Enter the woods and take the RIGHT fork.
- E. Go up the track for approximately 350m.
- F. At top of track turn right and go through gate emerging onto Tennyson Trail.
- G. Turn left uphill and follow the Tennyson Trail all the way to the Jubilee Car Park



- H. Turn around and go back uphill.
- I. Turn right at gate into woods before the summit & barrows. Be careful not to miss it.
- J. Descend 150m to big junction.
- K. Cross the junction and descend 400m.
- L. At the bottom turn left and follow main track for approximately 1km.
- M. When arriving at the junction leave woods and retrace your course back to CPC.
- N. Re-enter CPC in the direction you left.
- O. Finish!!

Prizes

Prizes will be awarded for the following:

1st Male: Cream Tea Voucher for Chessell Pottery plus a Free Basic Bike Service at Adrian's Bike Shop

2nd Male: £10.00 Voucher for West Wight Sports and Community Centre

3rd Male: Swimming Voucher for West Wight Sports and Community Centre

1st Female: Cream Tea Voucher for Chessell Pottery plus a Free Basic Bike Service at Adrian's Bike Shop

2nd Female: £10.00 Voucher for West Wight Sports and Community Centre

3rd Female: Swimming Voucher for West Wight Sports and Community Centre

1st Team - Cream Tea Voucher for Chessell Pottery plus x2 Free Basic Bike Services at Adrian's Bike Shop

All competitors will receive a 2020 Chessell Chase badge

A special prize giving will be held after the fourth race for the overall series winners

If you have any questions, please contact WWSCC on 01983 752168

Please note that the emergency contact number during the race will be 07919 898 625 or 01983 531248 and is your point of contact if you are lost, injured or need to withdraw.

If you decide to withdraw for any reason you must inform us immediately

Enjoy and have fun

