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# Half term activities



- 4 day intensive swimming courses
- Family fun in our festival village part of the Isle of Wight Festival of Running
- Book an activity and receive 20% discount on meals in our café (on production of receipt – exclusions apply)
- See main timetable for half term swimming pool opening times

#### Sat 27 May, Tues 30 May to Sat 3 June

Sunday 28 May & 4 June

**Fun hour** 

1100-1200 f2.65 Fun Hour 1600–1700 f2.65

## Monday 29 May

## **Pre-sailing skills**

0900-1000

Ages: 8+

£10

Suitable for beginners or nervous sailors. Must be able to swim at least 25 metres.
Capsize drill, balancing and steering. Will need wetsuit or old shorts and t-shirt.
Bring a buoyancy aid if you have one.

## Tuesday 30 May

#### Tots and toddlers

1000-1045

£3

 Instructor led activities in small pool for tots, toddlers and older siblings. Children must be accompanied by an adult in the water

#### **Snorkelling**

1000-1100

£5

- Must be able to swim at least 25 metres and be happy underwater

#### Freshwater judo club

1630-1730

Ages 4-11yrs

- For more information contact Sue on **07712 453709** 

## Wednesday 31 May

#### Mini movers

0930-1030

Ages pre-school

£2.20 / £1.10 for every other sibling – Soft play session with fun and games

#### Raft racing

1000-1100

Ages 6yrs+

£3

 Fun and games in teams racing on our specially built rafts. Must be able to swim at least 50 metres

## Komodo dragon kickboxing

1800-1900

Ages 8–14yrs+

- For more information contact Terri Harris on 07706 131596

#### Thursday 1 June

#### **Diving**

1000-1100

£5

 Must be able to swim at least 25 metres, be happy underwater and be able to perform a head first entry into the pool

#### Parent and baby

1000–1045 Ages pre-school

£5

 The class includes games, songs and structured activities. Children must be accompanied by an adult in the water

## Friday 2 June

#### Fun kayaking

1000–1100 Ages: 8–11yrs

£5

An introduction to kayaking through fun and games. Must be able to swim at least 25 metres.

#### **Rockhoppers**

1730-1830

Child £2.65 / Adult £4.20

- Swim session for children with special needs and their families

#### West Wight junior badminton

1800–1900 Beginners 1900–2000 Improvers

£2

- For more information contact Tony Isaacs on **753159** 

## Saturday 3 June

## Fun kayaking

1300–1400 Ages: 8–11yrs

£5

An introduction to kayaking through fun and games. Must be able to swim at least 25 metres.

## Sunday 4 June

#### **Needles Junior Fun Run**

0900 Registration 1000 Race start

Free

Ages: 4-14yrs

# Swimming lessons – 4 day course £26.30

#### Learner pool

0900–0930 Non swimmer

Happy to go in the water with armbands

0930–1000 Improver

Ready to swim without armbands

#### Main pool

0900-0930 Intermediate

Can swim 25m on front and back using a recognisable stroke

0930–1000 Shallow water

Can swim 10m on front and back and happy to put face in water

## West Wight climbing wall - coming soon!

Our brand new indoor climbing wall will be opening soon. Please ask at reception for more information on session times and costs.





#### Terms and conditions

Activity numbers are limited. Bookings cannot be taken without payment.

Children under 8 must have an adult nearby – either in the spectator area for water based activities, with the exception of public swim sessions and fun hour sessions when an adult must be in the water and within arms reach of any under 8's, or in the Cafe for sports hall, playing field and room activities. All activities require a minimum number of participants to run.

Cancellations – full fee will be retained unless the place can be resold, in which case a refund of 80% of the fees will be paid