

www.isleofwightfestivalofrunning.co.uk



FESTIVAL PROGRAMME

West Wight
Sports & Community Centre



SPYVÉLO

WIGHTLINK
PART OF ISLAND LIFE



AMERIKAS
WIGHT

Coultin Dressé

Hose Rhodes Dickson
Supporting our businesses

Skinners Farm

ISLE OF WIGHT
COUNCIL



SATURDAY 3RD JUNE

0900-1200 & 1400-1700 Come for a swim in our pools. Our 25m pool is the deepest on the Island and the only one with diving boards! Between 1100 and 1200 it's Fun Hour with floats in the pool

1000-1530 Balloon modelling £1 - £2 per balloon

1030-1230 & 1330-1530 Face painting £3

1030-1130 Storytelling with Sue Bailey A story run suitable for ages 3+ with plenty of stops to catch your breath and listen to tales of runners, from gingerbread men to hares & tortoises

1030-1600 The Island Planetarium Experience a fascinating journey through time and space, this will stimulate your imagination and mind. Sessions unique to the Festival will run all day, book at reception. Only £1.50, suitable for everyone

1200-1500 Live music with Country Comfort a fabulous feet-tapping 4-piece country music band

1300-1400 Kayaking A taster session in our pool. Open to ages 8+, booking essential. £5 Book and pay at reception

1310-1410 Huxley Magic show Huxley will work his magic with a 20 minute show and then he'll mingle with the crowd and who knows what might happen!

1400-1500 Tae Kwon Do Display followed by a taster session

1430-1530 Storytelling with Sue Bailey A story relay suitable for ages 5+. Runners go between the storytellers and gather fragments of the story to re-tell at the end to create the tale

1500-1800 Live music with Work-Shy playing a great selection of indie-rock classics

1545 Lost without a bottle - A humorous tale of two friends on a journey. This contemporary circus piece using juggling, Cyr wheel and theatre will leave you laughing and amazed.

1630-1800 Yoga Drop in session suitable for all abilities. Min age 16

1800-2030 Classic Film Screening 'Chariots of Fire' Bring your own seat or bean bag, sit back and enjoy this inspirational film

ALSO NOT TO BE MISSED ON SATURDAY

- Outdoor climbing wall, courtesy of Adventure Activities
- Indoor climbing wall taster sessions - book and pay at reception on the day
- 'Beat the Marine' obstacle course - 50p per go - if you have the fastest time over the weekend you will win your money back plus £5
- Crazy Golf - test your skills for just £2.50 a round
- Wight Cycle - cycling circuits

SUNDAY 4TH JUNE

0900-1200 Adults only swimming

1000-1230 & 1330-1530 Balloon modelling £1 - £2 per balloon

1030-1230 & 1330-1530 Face painting £3

1200-1600 Public swimming

1200-1215 Starlight Boutique Dance Display

1600-1500 Fun Hour in the pool

ALSO NOT TO BE MISSED ON SUNDAY

- 'Beat the Marine' obstacle course - 50p per go - if you have the fastest time over the weekend you will win your money back plus £5
- Crazy Golf - test your skills for just £2.50 a round
- Cycle Isle Trax - pump action bike track

RACE TIMETABLE

FRIDAY

1730 SpyVelo Long Weekend - 1.9k open water swim - Colwell Bay

SATURDAY

0900 SpyVelo Long Weekend - 90k bike - Sets off from outside Freshwater Library

1000 Needles XC 5k - Registration 0800-0945 - £10 entries on day

1200 Needles XC 10k - Registration 1000-1145 - £13 entries on day

SUNDAY

1000 Needles Junior Fun Run - Registration 0900-0945 - Ages 4 to 11yrs - Free to enter

1100 Needles XC Half Marathon

1100 Needles XC Marathon

FOOD AND DRINK

Both hot and cold food items will be available on site, catering for most dietary requirements, from Friday evening to Sunday afternoon. Our cafe will be open over the whole weekend, while in the Festival Village we have a variety of catering outlets including Wight Nice Food, Wightwood Pizza, Lucy's Grill and Dumpling Dumpling. There will also be a bar in the Festival Village and in our café.

Café and bar opening hours

Friday 1700-2200 - bar open all evening, last orders for food 2100

Saturday 0700-2200 - bar open from 1200, last orders for food 2100

Sunday 0700-1800 - bar open from 1200, last orders for food 1700

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Did you know that West Wight Sports & Community Centre is a charity run facility that provides sports, fitness and community services to people of every age from every corner of the Isle of Wight?

However, we rely on ad hoc grants, our commercial income streams and fundraising events such as the IW Festival of Running to ensure we can continue to provide essential services to our community. Our huge financial challenge is to find an extra £150,000 a year to fill the gap in funding.

It is the crucial support such as yours that will help keep the Centre open – so the more you spend on site this weekend, the more chance we have of achieving the £150,000 we so desperately need.

THANK YOU

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www.westwight.org.uk

Charity No: 273334